

CONSENT FOR TELEMENTAL HEALTH [TMH]

In California, "Telehealth" is defined as a method to deliver health care services using information and communication technologies to facilitate the diagnosis, consultation, treatment, education, care management, and self-management of a client's health care while the patient and provider are at two different sites.

The client retains the option to withhold or withdraw consent at any time without affecting the right to future care or treatment nor risking the loss or withdrawal of any program benefits to which the client would otherwise be entitled.

TeleMental Health, like all forms of treatment, has potential risks, consequences, and benefits.

- TMH may not be appropriate if you are having a crisis, acute psychosis, or suicidal or homicidal thoughts.
- TMH may lack visual and/or audio cues, which may increase the likelihood of misunderstanding each other.
- TMH may have disruptions or delays in the service and quality of the technology used.
- In rare cases, security protocols could fail and confidential information could be accessed by unauthorized persons.

All existing confidentiality protections apply. All existing laws regarding client access to medical information and copies of medical records apply.

Dissemination of any client identifiable images or information from the TeleMental Health interaction to researchers or other entities shall not occur without the consent of the patient.

Emergency Contact

It is important to know that if I have reason to believe you pose an imminent threat to yourself or another person I may suggest a higher level of care. If you refuse or are unable to participate in your own safety planning or if the call is terminated and you cannot be reached the clinician may need to contact the police to initiate a welfare check to ensure your safety.

In case of emergency the address listed below can be used when receiving TeleMental Health Services.

I understand Dr. Stillerman may contact my emergency contact and/or appropriate authorities in case of emergency. I will inform him of any changes to the location from which I will consistently be at during sessions.

When receiving telemental health, it is also required that you:

Only engage in sessions when you are physically in California.

Engage in sessions only from a private location where you will not be overheard or interrupted, and never while operating a vehicle.

Ensure that the private computer or device you use has updated operating and anti-virus software.

Do not record any sessions, nor will I record your sessions without your written consent. Wear the same attire that you would normally wear to an in-person appointment.